

Main Dish

Delaware Pot Roast

Makes 6-8 servings

Prep. Time: 10 minutes

Cooking Time: 10-12 hours

Ideal slow-cooker size: 4-qt.

Allergy Alert: None

Ingredients

3-4-lb. pot roast

3-4 potatoes, thinly sliced

2 large carrots, thinly sliced

1 onion, quartered

1 tsp. salt

1/2 tsp. pepper

1/2 cup water

1 cube beef bullion

Slow Cooker Instructions

1. Put vegetables in bottom of slow cooker. Stir in salt and pepper and bullion cube. Add roast. Pour in water.
2. Cover. Cook on Low 10-12 hours.

Variations:

1. Add 1/2 tsp. dried dill and/or 1/2 tsp. dried rosemary for more flavor.
2. Brown roast on all sides in saucepan in 2 Tbsp. oil before placing in cooker.

Dutch Oven Instructions

Ready for testing and writing