

## Main Dish

### Slow Cooker Beef Stroganoff

Makes 6 servings

Prep Time: 15 minutes

Allergy Alert: **Dairy, gluten, perhaps egg depending on noodles served.**



### Ingredients

2 lbs. ground beef

2 medium onions, chopped

2 garlic cloves, minced

6 & 1/2-oz. can mushrooms

1 & 1/2 cups sour cream

4 Tbsp. flour

2 & 1/2 tsp. salt

1/4 tsp. pepper

1 cup bouillon

3 Tbsp. tomato paste

### Slower Cooker Instructions

Cooking Time: 6-8 hrs on low

Ideal slow-cooker size: 6 qt

1. In skillet, brown beef, onions, garlic, and mushrooms until meat and onions are brown. Drain. Pour into slow cooker.
2. Combine sour cream and flour. Add to mixture in slow cooker. Stir in remaining ingredients.
3. Cover. Cook on Low 6-8 hours.

Serving suggestion: Serve over noodles or rice.

### Dutch Oven Instructions

Ready for testing and writeup