

Main Dish

Spanish Round Steak

Makes 4-6 servings

Prep. Time: 10 minutes

Ingredients

1 small onion, sliced
1 green bell pepper, sliced in rings
1 rib celery, chopped
2 lbs. round steak
2 Tbsp. chopped fresh parsley, or 2 tsp. dried parsley
1 Tbsp. Worcestershire sauce
1 Tbsp. dry mustard
1 Tbsp. chili powder
2 cups canned tomatoes
2 tsp. dry, minced garlic
 $\frac{1}{2}$ tsp. salt
 $\frac{1}{4}$ tsp. pepper

Slow Cooker Instructions

Cooking Time: 8 hours

Ideal slow-cooker size: 4-qt.

1. Put half of onion, green pepper, and celery in slow cooker.
2. Cut steak into serving-size pieces. Place steak pieces in slow cooker.
3. Put remaining onion, green pepper, and celery over steak.
4. Combine remaining ingredients. Pour over meat.
5. Cover. Cook on Low 8 hours.

Serving suggestion: Serve over noodles or rice.

Dutch Oven Instructions

Ready for testing.