

Main Dish

Super Simple Rice and Beef

Makes 12 servings

Prep. Time: 10-15 minutes

Cooking Time: 6-8 hours

Ideal slow-cooker size: 5-qt.

Allergy Alert: Tree Nuts

Ingredients

2-lb. boneless round steak, cut into 1-inch cubes

1 cup uncooked wild rice, rinsed and drained

1 cup chopped celery

1 cup chopped carrots

2 4-oz. cans mushrooms, drained

1 large onion, chopped

1 clove garlic, minced

1/2 cup slivered almonds

3 beef bouillon cubes

2 & 1/2 tsp. seasoned salt

3 cups water

Slow Cooker Instructions

1. Place ingredients in slow cooker.
2. Cover. Cook on Low 6-8 hours or until rice is tender. Stir before serving.

Variations:

1. Brown beef in saucepan in 2 Tbsp. oil before putting in slow cooker for more robust flavor.
2. Add 1 tsp black pepper to spice it up.

Dutch Oven Instructions

Ready for testing and writing